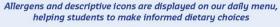
Primary School Weekly Menu



	02/12 Monday	03/12 Tuesday	04/12 Wednesday	05/12 Thursday Vietnam – Ethnic Gourmet	06/12 Friday
Meal A	Braised Enoki Mushroom & Tofu with Rice (Vegan)	Mushroom & Onion Quiche with Rice (Vegetarian)	Japanese Style Grilled Eggplant & Tofu with Rice (Vegetarian)	Vietnamese style Stir-fried Rice Vermicelli & Vegetables (Vegan)	Mac & Cheese (Vegetarian)
Meal B	Vegetables Singapore Rice Noodles (Vegetarian)	Malaysian Fish Curry with Mixed Rice	Hawaiian Pizza	Vietnamese Pork Chop with Rice	Roasted Cajun Chicken with Potatoes
Meal C	Stir-fried Leek & Pork with Brown Rice	Pineapple Roasted Pork Loin with Herbs Potatoes	Lemongrass Pork Chop with Roasted Potatoes	Vietnamese Coconut Curried Chicken with Rice	Teriyaki Pork Loin with Brown Rice
Chef Special	Herbed Roasted Pork Loin with Gravy & Potatoes	Chicken A La King with Pasta	Portuguese Chicken with Pasta	Roasted Pork Jowl with Lemongrass with Potatoes	Steamed Shiitake & Chicken with Brown Rice
Daily Vegetable	Cabbage + Shiitake Mushroom	Zucchini + Carrot	Cauliflower + Green Beans	Peking Cabbage + Carrot	Broccoli + Corn































Primary School Weekly Menu



	09/12 Monday	10/12 Tuesday	11/12 Wednesday	12/12 Thursday	13/12 Friday
Meal A	Ratatouille Pasta (Vegan)	Taiwanese Braised Tofu with Rice (Vegetarian)	Veggie Lovers Pizza (Vegetarian)	Japanese Grilled Eggplant with Rice (Vegan)	
Meal B	Mexican Rolex (Lentil Wrap) (Vegetarian)	Thai Style Curry Chicken with Rice	Beef Burgundy with Pasta	California Grilled Fish with Steamed Potatoes	
Meal C	Braised Pork with Pumpkin & Rice	Spaghetti Bolognaise	Scrambled Egg with Tomato Minced Pork with Rice	Pork Schnitzel with French Fries	Noon Dismissal
Chef Special	Steamed Fish with Ginger, Scallion and Rice	Lemon Herbed Roasted Chicken with Potato	Salt & Pepper Pork Chop with Rice	Pork Stroganoff with Potatoes	
Daily Vegetable	Cabbage + Shiitake Mushroom	Zucchini + Carrot	Cauliflower + Green Beans	Peking Cabbage + Carrot	



